

VALUE CARDS

Empathy	Acceptance	Respect	Flexibiity
Responsibility	Awareness	Truthfulness	Autonomy
Kindness	Fun	Privacy	Adventure
Empathy	Excellence	Courage	Purpose
Friendship	Patriotism	Creativity	Healthy Lifestyle
Making A Difference	Calm	Leadership	Discovery
Independence	Play	Compassion	Fairness
Pleasure	Freedom	Relationships	Justice

Compassion	Belonging	Truth	Honesty
Community	Learning	Unity	Competition
Cleanliness/ Orderliness	Faithfulness	Status	Discovery
Innovation	Hard Work	Joy	Personal Growth
Money Management	Individuality	Knowledge	Loyalty
Discipline	Goodness	Merit	Forming Good Habits
Quality of Life	Democracy	Believing In Oneself	Safety
Continuous Improvement	Problem Solver	Variety	Urgency

Moms of Tweens and Teens

Commitment	Adventure	Coordination	Knowledge
Respect for Others	Skill	Friendship	Progress
Self-Respect	Timeliness	Striving to Reach Goals	Harmony
Success	Service to Others/Society	Stepping Out of Comfort Zone	Love
Power	Serenity	Family	Diversity
Affirmation	Fun	Change	Generosity
Security	Tradition	Beauty	Faith
Integrity	Shine	Deepen	Contribute

Moms of Tweens and Teens

Forgiveness	Serenity	Manifest	Concentrate
Spontaneous	Involvement	Develop	God-Given Talent
Develop	Resourcefulness	Fulfilling	Focus
Serenity	Spontaneous	Grit	God-Given Talent
Strength	Involvement	Manifest	Concentrate
Physical Activity	Tolerance	Forgiveness	Wisdom
Sincerity	Activate	Action	Harmony
Network	Perspective	Observe	Balance

Moms of Tweens and Teens

Curiosity	Powerful	Intuition	Proactive
Research	Network	Prosper	Perspective
Clarity	Productive	Motivation	Celebrate
Boundaries	Appreciate	Share	Consistency
Coach	Effective	Design	Significance
Influence	Involved	Advocate	Relaxed
Genuine	Blessing	Awe Wonder	Driven
Gratitude	Share	Fascinate	Heart- Centered

Moms of Tweens and Teens

Amaze	Supportive	Valuable	Adaptability
Conscience	Direction	Volunteer	Dependable
Helpful	Awake	Soulful	Intentional
Mentor	Quality	Determination	Willing
Efficient	Happy	Devoted	Achieve
Present	Intimacy	Pray	Release
Legacy	Humility	Mercy	Surrender
Hope	Restore	Present	Healing

Moms of Tweens and Teens

Kindness	Gentleness	Perseverance	Structure
Patience	Tenderness	Effective	Let Go
Aspire	Excellence	Activate	Goal-Oriented
Unleash Potential	Results	Abundance	Connected
Optimistic	Understanding	Well-Rounded	Listen
Win	Receive	Expectation	Facilitate
Believe	Lead	Seek	Give
Include	Grace	Articulate	Know

Moms of Tweens and Teens